

# St Mary the Virgin, Ringmer

## EASTER SUNDAY

31<sup>st</sup> MARCH 2024



6.00am	Easter Vigil, Service of Light and First Eucharist of Easter
Hymns:	189, 193, 194
10.00am	Eucharist for Easter - <b>If anyone needs a Gluten Free wafer please let one of the sidespeople know</b>
Readers:	Andrew Eager and Anne Franklin
Readings:	Acts 10.34-43, 1 Corinthians 15.1-11, John 20.1-18
Intercessions:	Pat Brenton
Chalice:	Meriel Vincent and Anne Franklin
Sidespeople:	Jill and Garry Clark
Hymns:	205, 215, 428 (omit v3), 612
Anthem:	He is risen, he is risen by Cecil Cope
<p>He is risen, he is risen: tell it with a joyful voice; He hath burst his three-day prison; Let the whole wide earth rejoice. Death is conquered, man is free, Christ has won the victory. Come ye sad and fearful hearted, with glad smile and radiant brow; Lent's long shadows have departed, all his woes are over now, And the Passion he bore: Sin and pain can vex no more. Come with high and holy hymning, chant our Lord's triumphant lay; Not one darksome cloud is dimming yonder glorious morning ray, Breaking o'er the purple East, brighter far our Easter feast.</p>	
Organ Voluntary:	Easter Prelude based on Hymn no. 203 by Healey Willan (Canadian organist and composer, 1880-1968)
6.30pm	A short Meditative Service

### Collect

God of glory,  
by the raising of your Son  
you have broken the chains of death and hell:  
fill your Church with faith and hope;  
for a new day has dawned  
and the way to life stands open  
in our Saviour Jesus Christ. **Amen**

### Post Communion Prayer

God of Life,  
who for our redemption gave your only-begotten Son  
to the death of the cross,  
and by his glorious resurrection  
have delivered us from the power of our enemy:  
grant us so to die daily to sin,  
that we may evermore live with him in the joy of his risen life;  
through Jesus Christ our Lord. **Amen**

### **Please pray for**

Christians all over the world celebrating the resurrection of Jesus Christ  
Our sidespeople here at St Mary's  
People living in Greenacres Drive  
In memory: Nicola Carroll (2/4)

### **Morning Prayer is said in church most mornings Monday – Friday 8.30am and the daily set psalms and readings for Holy week are:**

Monday – Psalm 111; Exodus 12.1-14, 1 Corinthians 15.1-11  
Tuesday – Psalm 112; Exodus 12.14-36, 1 Corinthians 15.12-19  
Wednesday – Psalm 113; Exodus 12.37-end, 1 Corinthians 15.20-28  
Thursday – Psalm 114; Exodus 13.1-16, 1 Corinthians 15.29-34  
Friday – Psalm 115; Exodus 13.17-14.14, 1 Corinthians 15.35-50  
Saturday – Psalm 116; Exodus 14.15-end, 1 Corinthians 15.51-end q

**The next Bereavement Journey Group commences on Monday 8<sup>th</sup> April '24.** Walking with grief can take a long time and no two people have the same journey or the same loss.

We offer an informal 7 week group setting called the "Bereavement Journey" held on Monday evenings at Church End, Trinity, Southover, from 7-9 pm, providing support and community for anyone who would like to share their personal journey. St Mary's work in partnership with Trinity in running the Group, which is open to anyone with faith or no particular faith, recently bereaved or have been for months or years. There will be a £25 charge for the 7 weeks to cover the cost of brochures/booklets etc. and light refreshments. Transport can also be provided if required. If you would like to join the group or know someone who might be interested, please contact Kenneth Barber (St Mary's) on 07748613783/ or 01273 918926.

Please go to the Southover Counselling Website to sign up to the group, or ring the above numbers for further information.



**Laughton Greenwood Community Tree Day: 7<sup>th</sup> April**

Laughton Greenwood is one of our Eco Church partners and the organisers are holding this family volunteering day from 10 - 1.00pm followed by a picnic lunch. Knowing that it coincides with our first Sunday at 10.00 service they will be at the meeting point to gather up any one wishing to join at an agreed time, **as long as you**

**contact Debbie Pellet on [info@laughtongreenwood.co.uk](mailto:info@laughtongreenwood.co.uk) well in advance.** You won't find them in the wood otherwise!

**Electoral Roll of St Mary's:** joining this means you'll be able to vote and nominate people at the Annual Meeting on 12<sup>th</sup> May. Please complete an Electoral Roll membership form to be found on the shelf by the main door, or speak to Shirley Squires or Chris Kingswood. This doesn't commit you to anything, and you can be on the Electoral Roll of more than one church if you have regular links to another church.

<b>CALENDAR FOR HOLY WEEK</b>		
Monday	10.00am	Social Prescribers meet in Church Room
Tuesday	10.00am	St Mary's Art Group meet in CR
	11.00am	Holy Communion at Parris Lawn
	12.30pm	AA meets in the Church Room
Wednesday	10.00am	St Mary's Art Group 2 in Church Room
	10.00am	<i>Coffee Break</i> in Alan West Room at VH
	10.30am	Toddlers meet in Symons Hall at VH
	7.30pm	Bellringing practice
Thursday	10.00am	Said Eucharist in the Lady Chapel
	10.00am	Social Prescribers meet in CR
Friday	6.30pm	Choir practice
<b>Sunday</b>	10.00am	First Sunday @ 10
	6.30pm	Eucharist for Easter

### **First Reading - Acts 10.34-43**

Then Peter began to speak to them: 'I truly understand that God shows no partiality, but in every nation anyone who fears him and does what is right is acceptable to him. You know the message he sent to the people of Israel, preaching peace by Jesus Christ—he is Lord of all. That message spread throughout Judea, beginning in Galilee after the baptism that John announced: how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree; but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name.'

### **Second Reading - 1 Corinthians 15.1-11**

Now I should remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, through which also you are being saved, if you hold firmly to the message that I proclaimed to you—unless you have come to believe in vain.

For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive, though some have died. Then he appeared to James, then to all the apostles. Last of all, as to someone untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace towards me has not been in vain. On the contrary, I worked harder than any of them—though it was not I, but the grace of God that is with me. Whether then it was I or they, so we proclaim and so you have come to believe.